A 72-year-old lady presented with vague abdominal discomfort of 1-month duration. Endoscopy revealed a gastric diverticulum near the cardia, approximately 3 cm in diameter. Within it was seen a large polyp with multiple tiny polyps surrounding (Fig). Biopsies were taken from the large polyp. Laboratory investigations were normal.

Histology of the polyp showed tubulo-villous adenoma with severe dysplasia and a possibility of underlying cancer. Colonoscopy showed a 5-mm sessile polyp in the rectum; histology showed adenomatous polyp with low-grade dysplasia. At surgery, there were multiple tiny liver nodules. Biopsies from the nodules were reported as metastatic well-differentiated adenocarcinoma. The patient was referred for palliative chemotherapy.

The reported complications of gastric diverticulum include perforation, bleeding from the margin of the diverticulum, and cancer formation within a diverticulum.1

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Reference

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